



Traditional Feast Feeds more than 200 Community Members



Led by Sebrena Forrest (Mohawk), nine Native American women from the Front Range area organized a Feast that fed more than 200 people on March 26, 2011. The purpose of the event was to draw attention to the need for eating with proper nutrition and health in mind. Thus, it was decided that only “pre-Reservation” foods would be on the menu. No fry bread; no commodity

cheese! It was also important that this be a community event, with support not only from the members of the Colorado Springs Indian Center, but from the Front Range community at large. As a result many organizations and individuals donated produce, meat, supplies, printing, photography, desktop publishing, letter writing, barbecuing, labor, and cash donations to make this event happen.

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Chairman of the Board
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Lorenzo Tsosie (Navajo)

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Publisher:
Colorado Springs Indian Center
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The Colorado Springs Indian Center
is sponsored by White Bison Inc.



Guest Speaker: Dr. Michèle Companion (Mohawk/Mi’kmaq) is an associate professor at The University of Colorado Colorado Springs. She has spent the last several years focusing on reservation nutritional dynamics, including impacts of low income diets on overall health and on reservation food security issues. She has also been documenting tribal participation in the food sovereignty



movement to reclaim cultural aspects of traditional foods. She has worked extensively on reservations across the southwest. Recently, she has been working with various urban Indian Centers across the United States to pilot educational modules aimed at increasing food access, improving health outcomes, and helping urban Indians reconnect with cultural aspects of traditional foods. This includes establishing “Bucket Brigades,” a program that teaches container gardening to both adults and children. Dr. Companion has worked extensively across Africa with aid organizations: Save the Children – US, USAID, Counterpart International.

We were privileged to have Dr. Companion as our presenter for the Traditional Feast. She provided examples of how youth in Arizona had learned how to make their own salsa and used it to replace ketchup, as part of making healthy food choices. She demonstrated how anyone can supplement their diet with a vegetable garden, and reported on some of her experiences with the Zuni tribe and in a variety of African communities.



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Community Happenings



Events and Dates to Remember

April 8-9, 2011: Rummage Sale at Trinity United Methodist Church 701 N. 20th Street

April 16, 2011: Suicide Prevention Workshop @ Gold Hills Division Police Station (see notice below)

April 17, 2011: Sneak Preview of the Wellbriety Journey for Forgiveness Legacy of the Boarding School Documentary Noon-3pm at Trinity United Methodist Church (Pot luck dinner).

April 17, 2011: Native American Women's Association Meeting 1pm-3pm Pikes Peak Library Downtown

April 26, 2011: Colorado Commission of Indian Affairs Quarterly Meeting @ University of Denver, Sturm College of Law, 2255 E. Evans Avenue, Denver, CO. 10am-4pm

April 28-30, 2011: Gathering of the Nations Powwow Albuquerque, NM

April 30, 2011: CSIC Community Pot Luck at Trinity UMC

May 1, 2011: CSIC Women's Circle Meeting 1pm-2pm at the Trinity UMC dining room.

May –October: When the Land Was Sacred Our living Heritage exhibit will be displayed at the Rock Ledge Ranch Historic Site

May 21, 2011: Honoring our Graduates at UCCS (no pot luck this month—come to the graduation celebration)

May 28-29, 2011: Territory Days Old Colorado City

July 9-10, 2011: CSIC/Trinity UMC Indian Market @ Trinity UMC 701 N. 20th Street 80904

July 30-31, 2011: Pueblo Friendship Powwow

September 24, 2011: 2nd Annual Garden of the Gods Rock Ledge Ranch Traditional Powwow



Colorado Commission of Indian Affairs

130 State Capitol
Denver, CO 80203
Phone (303) 866-3027
Fax (303) 866-5469

NOTICE FOR TWO AT-LARGE MEMBER POSITIONS FOR THE COLORADO COMMISSION OF INDIAN AFFAIRS

NOTICE is hereby given that the Colorado Commission of Indian Affairs (CCIA) is soliciting candidates for two At-Large Commissioner positions (volunteer). Please send **electronic copies** of a cover letter indicating your interest, and your resume. Letters of interest and resumes must be submitted to Carol.Harvey@state.co.us by 5:00 pm on **Friday, April 23, 2011 or earlier**. If you do not have email access or require accommodations, please contact our office at (303) 866-3027.

CCIA At-Large members are voting members of the Colorado Commission of Indian Affairs who serve one year terms starting from July 1st – June 30th. CCIA meets quarterly throughout the year and travel costs for At-Large members are covered by the Colorado Commission of Indian Affairs. If you would like further information on At-Large membership or have any questions, please contact (303) 866-3027.

The Ute Mountain Ute Tribe will host the next CCIA Quarterly Commission meeting in Towaoc, Colorado in June 2011. Applicants are welcome to attend the meeting at their own expense, but are not required. Applicants will be notified of results after the June 2011 CCIA 4th Quarterly Commission meeting.



Suicide Awareness Community Workshop

Sponsored by The Newman University, Master of Social Work, Distance Education Program

Guest Speakers: Barry Koch, PhD, MSW, LCSW
Suicide Hotline Project Director

Guy Bennett
Suicide Prevention Partnership

Date: 16 April 2011, 8:30 a.m. – 3:30 p.m.
Registration/Check-in begins at 8:00

Location: Gold Hill Division Police Station (South West)
955 West Moreno Avenue
Colorado Springs, CO 80905

Registration: Registration is free. Limited to first 60 registrants.
Tel: 719-520-1214
Email: newmanworkshop@gmail.com

Certificate of attendance provided.



2120 Holme Brook Dr., Suite 100, Colorado Springs, CO 80918
(719) 520-1214 / www.newmanu.edu





**The Colorado Springs Indian Center
Presents....**

**The Wellbriety Movement
Journey of Forgiveness: The Legacy of the
Boarding School Documentary**

A Sneak Preview

with Don Coyhis (Mohican)

April 17, 2011

Noon-3pm @

Trinity United Methodist Church

701 N. 20th Street

Colorado Springs. CO 80904

Pot Luck Dinner, Video and Discussion



'Generation to Generation'





**Newman University
Suicide Prevention Workshop at
Gold Hills Substation
955 W. Moreno
Colorado Springs, CO 80905
8:30am-4:30pm**

In Colorado, 940 people committed suicide in 2009, 172 of those were completed in El Paso County.

Students of Newman University of Colorado Springs will be coordinating a community workshop on the topic of suicide prevention at the Gold Hills Police Substation on April 16, 2011. The workshop will focus on what signs to look for and how to take action if someone you know or love is showing signs of becoming high-risk for suicide.

The workshop will take place on Saturday, April 16, from 8:30am to 3:30 pm at 955 W. Moreno Ave., Colorado Springs, CO, 80905. Registration begins at 8:00am. Speakers at the workshop will include Barry Koch, PhD and Assistant Professor of the Master of Social Work Program at Newman University and Guy Bennett, a survivor of suicide and certified trainer for the Applied Suicide Intervention Skills Training. Admission is free but registration is requested. Please register by contacting registration through newmanworkshop@gmail.com.

Please join us for this important and informative workshop to fight a silent killer that not only affects individuals and families but affects our entire community.

See you there,
Class of 2012
Master of Social Work Program
Newman University



National Museum of the American Indian: The Artist Leadership Program

Mr. Kevin Lewis, Museum Programs Coordinator for the National Museum of the American Indian (NMAI), requested that we share the information below with those of you who deal with youth health issues and local artists. The Artist Leadership Program targets local Native artists to submit their application to the NMAI. The selected artists for this program will then come to Washington, DC, and go through the collections of the Smithsonian and then return home to conduct a community art project. Please pay particular attention to the Youth Public Art Project that includes the following suggested themes:

- Youth Identity
- Suicide Awareness
- Substance Abuse
- Bullying
- Gangs
- Language
- Environment

Proposals are due May 2, 2011

Rose L. Weahkee, Ph.D. (Navajo)
Director, Division of Behavioral Health
Office of Clinical and Preventive Services
Indian Health Service Headquarters
801 Thompson Avenue, Suite 300
Rockville, MD 20852
Work: (301) 443-2038
Fax: (301) 443-7623
E-mail: Rose.Weahkee@ihs.gov



THANK YOU TO OUR MANY SPONSORS AND DONORS

The Traditional Feast: A Community Wide Event

Merchants who Donated Supplies

Bar T Ranch, Antonito, Co
 Big B's Fabulous Juices, Hotchkiss, CO
 Buffalo Gals, Colo Spgs
 COSTCO Wholesale N. Nevada
 Farm Crest Milk Store Templeton Gap Rd
 Loaf & Jug, Drennan Rd CS
 King Soopers, Centennial Rd
 Native American Women's Association, CS
 One Nation Walking Together, CS
 Rancho Liborio So. Circle Drive CS
 Reddy Ice, Colo Spgs
 Safeway, Inc. Denver Division
 Sammy's Organics Natural Foods So. 8th Street
 Sam's Club N. Academy Blvd
 Southern Colorado Bison Pueblo, CO
 Sunflower Farmer's Market, Colo Spgs
 Trinity United Methodist Church
 Unicorn Distributing, Colo Spgs
 Vitamin Cottage, S. Nevada
 WalMart Colo Spgs
 White Bison, Inc.
 Whole Foods Mkt New Center Pt
 Whole Foods Mkt N. Academy



Partners who Provided Encouragement

The Greenberg Center for Learning and Tolerance
 One Nation Walking Together
 Rock Ledge Ranch Historic Site and The Living
 History Association
 Trinity United Methodist Church
 White Bison, Inc.

Individuals who Donated Time and Money

Agatha Armstrong, Colo Spgs
 Kathy Arnold, Colo Spgs
 Mary Astina, Colo Spgs
 Deseree Baker & friend Patrick, Kiowa, CO
 Jerold Brown, Colo Spgs (Provided additional photos)
 Marguerite & Jim Cantu, Colo. Spgs
 Dr. Michele Companion, Colo Spgs
 Mary Day, Colo Spgs
 Aimee DuRan & family, Trinidad, CO
 Marlin Farley, Mannomen, MN
 Dr. Bernice Forrest, Colo Spgs
 Sebrena Forrest, Colo Spgs
 Judy Gearhart, Colo Spgs
 Diane Hagen, Trinidad, CO
 Carolena & Sean Jackson & family Colo Spgs
 Earl Jones, Colo Spgs
 Eva Leonard, Colo Spgs
 Dr. Karen Medville
 Caroline Mose, Colo Spgs
 Buddy Paine, Trinidad, Co
 Eulala Pegram, Colo Spgs
 Linda Orist, Colo Spgs
 Jim Ramirez, Colo Spgs
 Eugene Redhawk, Colo. Spgs.
 Dr. Lynda Rogerson, Colo. Spgs
 Ardith Shade, Colo Spgs
 Rebekah Shardy, Colo Spgs
 Marie Spry, Grand Portage, MN
 Carol & Urban Turzi, Colo Spgs
 Eddie Three Eagles, Colo Spgs
 Nancy Weeks, Florissant, CO
 Tricia White Dove, Colo Spgs



A Special Thank You for The El Pomar Foundation



The El Pomar Foundation has been a strong supporter of the Colorado Springs Indian Center. Our Board Members participate in the Native American Council at El Pomar. Several of the Board members and community members have completed various leadership training programs. In 2010, El Pomar provided support for our First Annual Garden of the Gods Rock Ledge Ranch Powwow. This year, 2011, they have provided a generous donation for education and community services to the Colorado Springs Indian Center. We are grateful for the support and the guidance of the El Pomar Foundation. We also wish to thank Mr. Bill Hybl and Mr. Theo Gregory for their ongoing support and encouragement.

Many Blessings from the Colorado Springs Indian Center



Guests and Food Traditional Feast



Preparations for the Traditional Feast



Honoring Our Veterans



Butch Kornegay and wife, Beth DuBruyin

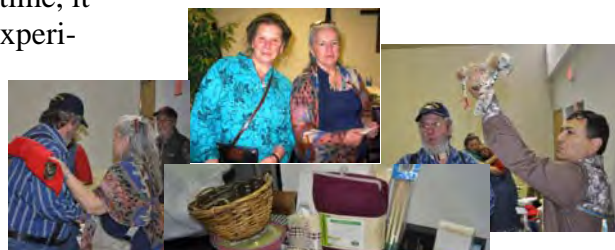
Butch Kornegay (Choctaw Descendant)

Gift of the Spotted Eagle Feather: On March 26, 2011, Butch Kornegay was honored as a warrior, with a Spotted Eagle Feather for his service in Vietnam. The brief ceremony was followed by hugs and hand shakes from many members of the CSIC community. Butch Kornegay graduated from high school in Artesia, NM in 1966. Within six months he was in Vietnam serving with an Army Air Mobile Artillery Unit (196th Light Infantry Brigade) at Chu Lai (1967-68). After several years of “partying” following the war, Butch made a commitment to sobriety. He went back to school and became a Critical Care Nurse, which he pursued until he received disability retirement from the VA in 1999. He has recently celebrated his 40th year of sobriety. As part of his desire to help other veterans, Butch participated in White Bison’s Medicine Wheel and 12 Step program.



Spiritual Growth: Growing up, Butch heard many stories about his grandfather who came to Texas in a covered wagon. He also heard stories about his grandmother who was Choctaw. But getting facts was challenging. He felt a strong draw to the Native American community, but his family had little information. After he retired, he made a commitment to learning about that part his heritage. He began going to Inipi ceremonies and met Elders and teachers who provided guidance. He became very close to a Native family who treated him like a son.

Eventually, he was invited to be a Pipe Carrier. That invitation changed his life. People would ask him to pray for them; to pray for those who were in pain. He also experienced many frustrations and challenges. Now, looking back, he says that “maybe the Creator wants to see if you are serious about this Journey.” Butch took his role seriously, and eventually that led to his decision to be guided through a traditional Vision Quest. Following this, he served as a supporter for the Sundance. At that time, it became apparent to him at that time, that he would eventually experience the piercing at the Sundance. And, then, in 2010, he participated in a Sundance Ceremony in honor of his adoptive family. The most important lesson he learned throughout the years of his search for this part of his heritage was that “it’s what’s in your heart that matters.” This enabled him to come to terms with never knowing his Choctaw grandmother.



Why we do something is more important than what we do.

The Give Away: One of the things he learned was the value

of the Give Away. At significant times or events in a Native person’s life, the Give Away serves to share the best with others. He says that it is important not to hang onto material things. Following the gifting of the Eagle Feather, Butch and his family distributed gifts to the Community members at the Traditional Feast.





Resources for Native People

National Institute of Health Undergraduate Scholarship Program

The NIH Undergraduate Scholarship Program is offering up to \$20,000 per year for four years for those students who have an interest in biomedical, behavioral, and social science health related research. Students must come from disadvantaged backgrounds and must agree to participate in paid research at the NIH during the summer and work with the NIH in paid positions following graduation. See: <https://www.training.nih.gov/programs/ugsp> for more information.

High School and Adult Navajo Students

If you are pursuing information technology
Contact (505) 797-6671

<http://www.NOVA-DINE.com/scholarship/Default.aspx>



The United States Marine Corps Scholarship Foundation Provides scholarships for sons and daughters of those who have served with the U.S. Marine Corps

Check it out: <http://www.mcsf.org>

CSU AISES Regional Conference High School Day

CSU AISES Region 3 Conference

High School Day

Friday April 8, 2011

9:00am – 2:00pm

Colorado State University Fort Collins, CO

This years' Region III conference will provide an opportunity for college chapters, high schools, and professionals to receive information on AISES programs, activities, and upcoming events, as well as provide an opportunity for chapters within our region to communicate, network, and share ideas with one another and other communities.

For High School students who want to register, only High School Juniors and Seniors are eligible to attend the AISES Region III conference. High school students MUST be accompanied by a chaperone and all must register (contact reps below). There should be at least one chaperone for every 10 students attending conference. High School students and Chaperones from high schools will be exempt from the Registration fee. Registration will close on April 1, 2011.

Contact: Leslee.Lovato@ColoState.edu 970-491-5232
Courtney Woolsey cwoolsey@rams.colostate.edu
(970) 799-3897



Archive of Previous Camp Crier Issues

All of the newsletters are archived on the website inside the Camp Crier post.

The website link for this resource is:

<http://www.coloradospringsindiancenter.com/2010/05/campcrier-newsletter-headline/>

Other Volunteers Needed

(info@coloradospringsindiancenter.com)

Event/Activity Coordinators: a number of volunteers are needed to coordinate an activity, event or project. Volunteers would work with the Volunteer Coordinator to implement plans. Tasks would require 2 or 3 hours per week until activity was completed.

Volunteer Coordinator: an individual is needed to recruit, orient and schedule volunteers to help in various ways at the CSIC.. This position would require leadership skills, administrative/computer skills, customer services and a time commitment.

Help Wanted at the Colorado Springs Indian Center



"Generation to Generation"

Photo-Stories: If you attend a Native event and have photos to share, you are invited to submit them with your 'byline' and a paragraph explaining the event. Send inquiries to info@coloradospringsindiancenter.com

Office Volunteers and Community Dinner If you would like help with the community dinners, or volunteer in the CSIC office please

leave a message at 719-599-8630 or send an email to info@coloradospringsindiancenter.com



Recognizing Native American Youth



You Are Invited to the Annual CSIC Honoring the Graduates Reception



"Generation to Generation"

Join the CSIC Community

May 21, 2011

As we Honor our
2011 Graduates

(Kindergarten, elementary school, Jr. High/Middle School, High School, GED, Vocational School, College)

Please let us know how many will be attending
Marva: Phone: 719-599-8630
info@coloradospringsindiancenter.com

"Supporting One Another: Generation to Generation"

3-5pm
Reception
Honoring Graduates
@UCCS
University Center Rm 116
1420 Austin Bluffs Pkwy,
Colorado Springs, CO 80918
(Parking is free)

co-sponsored by UCCS-SNAP




Honoring our Native American Graduates for 2011

One of the Strategic Objectives of the Colorado Springs Indian Center is to *provide support for American Indian youth to encourage them to graduate from both high school and college.* The Honoring the Graduates Reception is held to recognize and celebrate the accomplishments of our youth and young adults. Last year we had nearly 40 graduates from kindergarten through doctorate. With family and friends joining the celebration and reception, there were more than 100 people attending. This year we are expecting more.

The Graduation Reception will be held at UCCS in the University Center, room 116. The Society for Native American People has graciously agreed to co-sponsor this event at UCCS for us. If you have a young person who is graduating this year, please complete the registration form and return it. (Copies of the registration form are also posted on the CSIC website). We would also like to know how many guests each person is bringing.

If you would like to participate in the planning and organization of this event, please contact Marguerite Cantu at mcantu2@uccs.edu or call the CSIC at 719-599-8630.



The Colorado Springs Indian Center
701 N. 20th Street Colorado Springs, CO 80904
www.coloradospringsindiancenter.com 719-599-8630

**Graduation Reception
Recognition Application**

Graduate's Name: _____

Age: _____

Tribal affiliation: _____

School awarding the degree: _____

Graduation level or degree awarded, with major: (i.e. Kindergarten, 5th grade, 8th grade, GED, High School, AS/AA; BA; MBA; PhD)

Contact Information:

Street Address: _____

City: _____

Zip Code: _____

Phone: _____

Email: _____

Parent(s) name (if youth is under age 18) _____ Total # of guests attending _____

Return to:
Colorado Springs Indian Center
701 N. 20th Street
Colorado Springs, CO 80904
Or fax to 719-548-9407
Or Call in the information to Marva at 719-599-8630
Or Email information to Marguerite at mcantu2@uccs.edu



IT'S JUST AROUND THE CORNER: NATIONAL CHILDREN'S MENTAL HEALTH AWARENESS DAY!

May 3, 2011

Colorado Springs School District 11 and El Paso and Teller Counties
Alliance for Drug Endangered Children are planning a

Resiliency=Success!

Parent Town Hall Meeting

May 3 from 6:00-8:00 PM

at Tesla Educational Opportunity Center

Rm 116

We will be addressing:

- building resilience in children dealing with trauma
- how deployment issues affect children's mental health
- how bullying affects children's mental health
- warning signs of stress in children
- positive behavioral adaptation when a child encounters significant adversity, trauma, threats or stress.

Resilience occurs when there are cumulative "protective factors."

If you are interested in participation in this informational night for parents and the community, please RSVP right away to Sandy Milligan at milliso@d11.org and how you would like to participate:

- I know and can recommend speakers for these (30-40 minute) topics
- I would like to have a resource table available for my agency
- I can provide \$ to help with the purchase of refreshments
- I can participate in this fashion _____
- I am interested in the formation of joint community effort to help improve the mental health of children in our community and would participate in such efforts.



Every 35 minutes a woman tests positive for HIV in the United States



It's time to get tested.

National Women and Girls HIV/AIDS Awareness Day • March 10



U.S. Department of Health and Human Services
Office on Women's Health



for more information, visit www.womenshealth.gov/NWGHAAD

NATIVE AMERICAN PRISONERS SUPPORT GROUP, INC.

P.O. BOX 1331, Buena Vista, CO 81211

719-395-9236 email: smaclawoff@earthlink.net

A 501(C)3 CORPORATION REGISTERED WITH THE STATE OF COLORADO
AND THE FEDERAL GOVERNMENT

Native American Song and Prayer Meeting
At Territorial CF, Canon City, CO

PRISON VISITOR APPLICATION

The Spring 2011 event will be held on the afternoon of April 23rd. The program will be from 1:00 to 4:00. Visitors will be asked to meet at the east parking lot at 12:15. The facility would like us all to enter as a group, so please be on time. Attendees must be at least 18 years of age, and “off paper” (parole, probation, etc) for a minimum of 3 years. We must receive this application no later than April 8th. Applications may also be faxed to us at 719-395-9264, or e-mailed to lesmess@BuenaVistaCO.com.

Required information:

Full Name _____

Date of Birth _____ SSN _____

Drivers license or Colorado ID number _____

Physical address _____

Mailing address (if different) _____

Phone number _____

Please list any regalia or other ceremonial items you plan to bring:

Signature _____ Date _____



An International World Celebration

North America's Biggest Powwow! 



MISS
INDIAN
WORLD

INDIAN
TRADERS
MARKET

University of New Mexico "THE PIT"
April 28, 29, 30 2011
Albuquerque, New Mexico



701 N. 20th Street Colorado Springs, CO 80904 719-599-8630 www.coloradospringsindiancenter.com